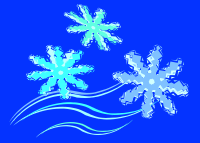




HOLY ROSARY

NOTES & QUOTES



Mr. Mullis' Letter

January 22, 2025

It seems that we are in the time of the year where we suffer from the “winter blues.” The days are shorter and cold. We’ve passed the festivities and celebrations of the Christmas holidays. And there’s a sense of dreariness in the air. This tends to be the hardest part of the year for our students. Eighth graders are looking forward to high school and start counting the days until they are done. The other students find it hard to motivate themselves to get their work done. There’s an edginess in the air and people tend to have a harder time managing their emotions.

So, what can we do to lessen the “winter blues?” Here are some tips from the National Institutes for Health.

- Get up & get moving. Take a walk, go ice-skating, or engage in an activity you enjoy.
- Get out in the sunlight when it is shining.
- Add vitamin D to your diet.
- Spend time with others, have someone to confide in.
- Eat nutritious foods and try to avoid overloading on carbohydrates.

Including these tips into your days will start you on the gradual path of getting out of the winter blues. Helping our students through this, will give them the tools they need to help themselves in the future.

Please turn in your Grandparent’s day form, if you have not done so already. We need to know how many guests are coming so we can make proper arrangements. If you have already turned in your form, thank you!

Lastly, we have been asked to provide a student to participate in the national anthem for the Catholic Night with the Grizzlies on Feb. 3. If your family is planning to attend and your child would like to participate in the national anthem ceremony, please let me know. I need to submit our representative as soon as possible. See the flyer in today’s newsletter for more information about this event or to buy tickets.

Have a great week,

Darren Mullis

Darren Mullis
Principal



Dates to remember

January

- 27 - Catholic Schools Week
- 31 - Grandparents Day
- 31 - Half Day!

In today's news...

- January Lunch Menu
- Grandparents' Day
- Catholic Schools Week
- Trivia Night
- Help Feed the Need
- Memphis Hustle
- Chess Club



Go
RAMS!





Wednesday News

LOST BUT NOT FOUND IS FULL AGAIN.

Please be sure your name
is in everything.

It is shocking how many new things show up
in Lost & Found after Christmas, but never
get found.

If your name is in it,
we can get it back to you!

We get rid of tons of nameless water
bottles.

Friday
January 31, 2025

HAPPY
Grandparents
DAY

Be sure to fill out
your form for
Grandparents Day and
get it turned in asap
please.

MENU CHANGE.
Tomorrow 1/23

Mangers Special
Breakfast entree

With stars & yogurt

The Holy Rosary Men's Club spent over \$115,000 in the second nine weeks of school supporting the Church, School, and HR Athletics.

Of the expenditures, here are a few of the highlights of how the money was spent:

- Replacement of the vinyl panels on the old gym to eliminate leaking behind the stage and also adding more natural light.
- Lawn and landscape maintenance for the athletics field areas.
- Over \$6,000 for church and staff Christmas bonuses.
- \$100,000 to the Building Our Future Capital Campaign

Please come join us on the 3rd Thursday each month to see what you can do to help, have dinner, and find out what's going on around HRS.



January



Monday	Tuesday	Wednesday	Thursday	Friday
 No School	7 Chicken Sandwich Tater Tots Fruit	8 Ravioli Green Beans Garlic Bread	9 Salisbury Steak Rice Lima Beans Roll	10 Pizza Salad Cookie
13 Chicken Nuggets Mashed Potatoes Peas Roll	14 Chili Dog or Hot Dog Smile Fries Apples	15 BBQ Nachos Slaw Baked Beans	16 Grilled Cheese Tomato Soup Fritos Jello	17 Hamburgers Chips Pudding
No School	21 Tacos Corn Salad	22 Grilled Ham & Cheese Chips Applesauce	MENU CHANGE. 23 Mangers Special Breakfast entree With stars & yogurt	24 Pizza Salad Rice Krispie Treat
27 Mini Corn Dogs Mac N Cheese Grapes	28 Taco Soup Tortilla Chips Salsa Oranges	29 Spaghetti Salad Garlic Bread Jello	30 Chicken Sandwich Chips Cookie	31 Half Day

We are in need of a few more helpers in the cafeteria!

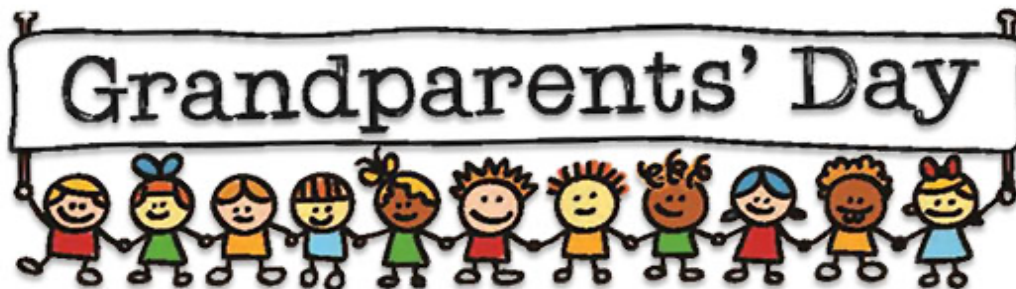
Please contact Peggy Butze @ 483-9703 or peggybutze@gmail.com to get the list of dates.

You can volunteer for just one day or use the link below to take one day monthly. The time is 10:50-12:30.

Thank you!

<https://holyrosaryparentsorganization.membershiptoolkit.com/volunteer/106980>





January 31, 2025

Grandparent's Day is coming soon! We are so happy to have our Grandparents come in for refreshments and entertainment with their grandchildren. If you do not have a grandparent able to attend, you may have another guest come support your child. 2K will meet in their room. 3K through 5th grade guests will go to the cafeteria. Middle school guests will go to the Wiley Gym. Your child must have this signed form returned to be checked out by a grandparent. Also, please remember that this is a half day.

Please fill in this form and return it to your child's teacher by Friday, January 24.

We need a form for each student.

Schedule:

3k and 4K -	8:15 - 8:50
2K -	8:30 - 9:00 (in their classroom)
Kindergarten	9:00 - 9:15
1st grade	9:20 - 9:35
2nd and 3rd -	9:45 - 10:20
4th and 5th -	10:30 - 11:00
6th, 7th, & 8th -	11:00 - 11:45

Preschool is dismissed at 11:30.
K - 8 dismisses at 12:00.
NO AFTER SCHOOL CARE!

Student's Name _____ Grade _____ # of guests _____

Name and relation of guests visiting: _____

Please list all other students your guest(s) will be visiting.

Name _____ Grade _____

Name _____ Grade _____

I give my permission for my children to leave with their grandparent or guest on January 31.

Catholic Schools Week

Catholic Schools' Week is quickly approaching.
We are celebrating it January 27 -31, 2025.

Friday, Jan 24th - HRS Spirit day!

Jeans day along with any HRS shirt.
Pep Rally in the afternoon at 1:15.

Monday - Teacher Appreciation Day

Teachers may wear jeans and get an hour for lunch.
Lunch will be provided by HRPO.
Room moms will coordinate to have a parent cover their class or lunch duty.

Tuesday - Student Appreciation Day

Students may wear jeans and any appropriate shirt (per handbook guidelines)
NO HOMEWORK!
HRPO will provide a treat at lunch.

Wednesday - Service Project / Make a change for the Better Day.

Each teacher will decide on the project.... Cards to the military, nursing homes,
blankets for patients, prayer bouquets for retired priests, etc...

Thursday - Buddy Day

Do something really cool with your buddy class . . . read to them, color, play kickball, play cards,
do a winter craft, etc,

Friday - Grandparents' Day

HRMC will provide refreshments for Grandparents when they meet their grandchildren in the cafeteria or gym.
There are items, made by students, in the classrooms and hallways for grandparents to see.
Dismissal at noon (11:30 for Pre-K) . . . or . . . their Grandparent may check them out early.
No After School Care.

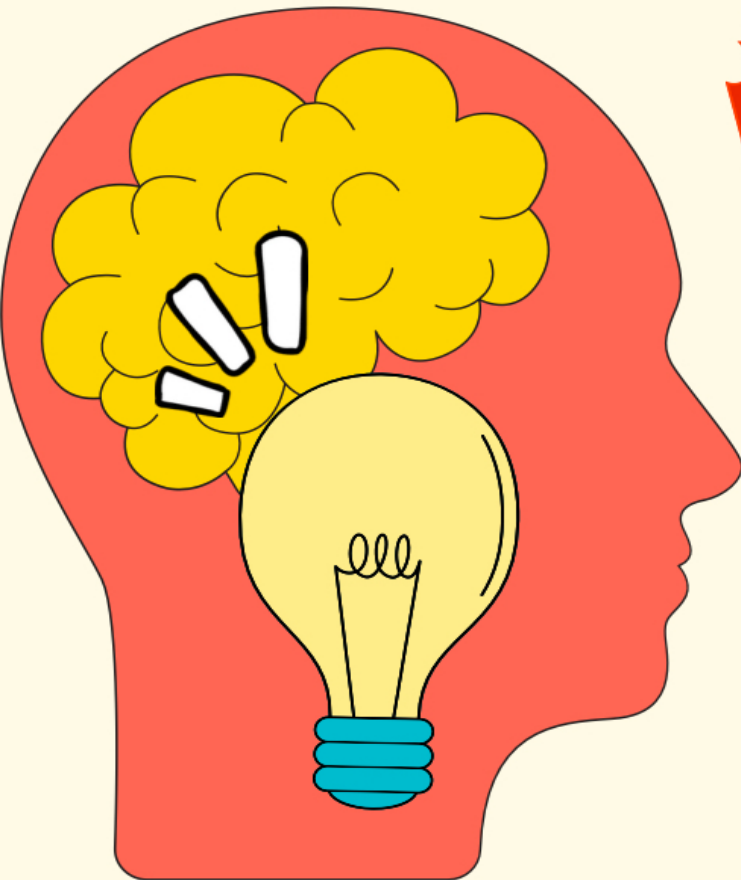
HR MEN'S CLUB

TRIVIA NIGHT

HOSTED BY: STEVE OWENS
TRADITIONAL TRIVIA STYLE



**\$160 per 8
person team**



qr_code

Food

**Team
Potluck**



**\$25
beer/wine
wristbands**

Scan QR Code to Sign Up



SATURDAY, FEBRUARY 8TH

7pm | HR Cafeteria



Volunteers needed

FOR

HURRICANE HELENE VICTIMS IN NORTH CAROLINA

Volunteer to help Feed the Need

New Date February 1st

**from 9:00 am - 12:00 pm in the
cafeteria to support the
hurricane victims in North
Carolina.**



**FEED the
NEED**

**Kindly, consider making a donation to
Feed the Need, Please place your check
donation in one of the
Collection Drop Boxes.**

**PLEASE WRITE "FEED THE NEED" IN THE MEMO
SECTION OF YOUR CHECK.
YOU MAY ALSO MAIL OR BRING YOUR DONATION TO
THE PARISH OFFICE**

THANK YOU FOR YOUR SUPPORT!



2024/25
memphis
hustle
GROUPS



Holy Rosary Night
with the
Memphis Hustle

Friday, January 31st @
7pm

Hustle vs Raptors 905

Link is open until tip off!

Celebrate Holy Rosary
Night at the Memphis
Hustle game and watch
them take on the Raptors
905!

Tickets:[hustle.spinzo.com/
HRNight](https://hustle.spinzo.com/HRNight)

Questions?
Call 901.888.HOOP



HOLY ROSARY CATHOLIC SCHOOL CHESS CLUB

Spring Semester 2025

WHAT CAN CHESS DO FOR YOUR CHILD?

IMPROVES CONCENTRATION

RAISE IQ SCORES

ENHANCE READING SKILLS

ENHANCE MEMORY SKILLS

FOSTER CRITICAL THINKING

FOSTER CREATIVE THINKING

ALL IN A CHALLENGING, EXCITING, AND FUN ENVIRONMENT

- **FOUNDERS OF MID-SOUTH CHESS** are International Grandmaster Alex Stripunsky, a competitive player and premier chess instructor dedicated to spreading quality chess in the Mid-South and International Master Jake Kleiman, a native Memphian and Phi Beta Kappa Rhodes College graduate, recognized as one of the top players in the country.
- **MID-SOUTH CHESS INSTRUCTORS** are college students and recent graduates who must exhibit chess ability, skill, enthusiasm, play actively, possess communicative-child friendly skills and good moral character. Our instruction has spanned 23 years in Memphis and includes coaching elementary, middle and high school students, camps, tournaments, seminars, and simultaneous chess exhibitions. **WEBSITE: MIDSOUTHCHESS.COM**
- **Chess Club** meets 3:15-4:15pm every Thursday after school for 11 sessions beginning January 30. Please bring a healthy snack. Chess sets provided for club use.
- **REGISTRATION** Complete this form, attach a check to cover the 11 sessions for \$140.00 payable to Mid-South Chess and turn into the school office marked for Chess Club.

Participant _____

Grade _____ Age _____

Email _____

Phone _____

Assumption of Risk and Release of Liability: By signature below Parent in consideration of participation of Participant in Holy Rosary Catholic School Chess Club agrees to assume the risk of and releases Mid-South Chess, Holy Rosary Catholic School, and their representatives and employees from any liability for any injury suffered by Participant while engaged in activities associated with Holy Rosary Catholic School Chess Club.